

cultivation of character and cultivation of the mind. It includes both the “Xiaman Most Excellent Oceanic Mind-Essence” and the “Most Excellent Enlightenment Emptiness-Practice Oceanic Mind-Essence. It also introduces the seven joint preliminary practices that need to be pondered deeply: 1-the difficulty of obtaining a human body, 2-death and impermanence, 3-the suffering of samsara, 4-the inevitability of karmic retribution, 5-the fact that the true dharma is now available, 6-cutting off attachment to self and persistently cultivating yourself, and 7-saving yourself and others. It provides the vow and practice of H.H. Dorje Chang Buddha III and certain “Verses Explaining Phenomena.” It also lists the “128 Evil and Erroneous Views.”

<http://holyvajrasana.org/buddha-dharma/supreme-and-unsurpassable-mahamudra-of-liberation>. LFBCS Courses D35(A), P01 & P02X.

Brief Explanation of 128 Evil and Erroneous Views

Views: Offers short discourses by H.H. Dorje Chang Buddha III on mistaken views that exist in Buddhism today. Zhaxi Zhuoma’s blog also provides introduction to these discourses that are included on the Temple website and here:

<http://holyvajrasana.org/buddha-dharma/supreme-and-unsurpassable-mahamudra-of-liberation/128-evil-and-erroneous-views>. LFBCS Course D35(A).

A Monk Expounds the Absolute Truth to a Layperson and The Sutra on Definitive Truth

are sutras available in Chinese. The Buddha Master has given a series of discourses on *The Truth Sutra*, but none of these have been translated into English. Zhaxi Zhuoma does read preliminary translations of these short, delightful sutras from time to time at the temple and elsewhere. They both relate to understanding emptiness and the cultivation of the mind.

Expounding the Absolute Truth Through the Heart Sutra: Although the 700-page book itself has not yet been released in English the following site describes events related to the publishing of

this great holy book in Chinese. Classes are being held on a preliminary translation at the Holy Vajrasana Temple and on ZOOM. Individuals may make special arrangements to come to and stay at the temple to read the latest translation.

<http://holyvajrasana.org/lineage/buddhas-bestowed-nectar-to-recognize-h-h-dorje-chang-buddha-iii>. LFBCS Courses DCB21-DCB26.

Other Discourses: There are many discourses available in Chinese that provide further insight into the above texts but very few are currently available in English. Classes are available at the *Learning from Buddha College and Seminary* that make many of these discourses for which we do have preliminary translations available.

Xuanfa Institute Logo: The Xuanfa Institute is a religious non-profit established to propagate or disseminate True Dharma. “XUAN” is the Chinese word for propagate and “FA” means either law or dharma. The Holy Vajrasana Temple and the Learning from Buddha College & Seminary (LFBCS) are both entities that exist under the Xuanfa umbrella.

The Founder of the Xuanfa Institute received the logo image as a vivid dream she had after asking her guru, H.H. Dorje Chang Buddha III, how she should propagate the Buddha Dharma she was learning. Her guru explained the image to her saying that the sun and moon are often used in Buddhist images to represent the dharmakaya or the primordial Adharma Buddha—the original formless Buddha. The jewels represent what one gains or experiences from learning from the Buddhas: The Red Jewel of Good Fortune, the Orange Jewel of Holy Manifestations or Miracles, the Yellow Jewel of the Five Vidyas, the Green Jewel of Wisdom, the Aqua Jewel of Compassion, the Blue Jewel of Sainthood, and the Purple Jewel of Enlightenment itself.

The Learning from Buddha College and Seminary was established to help living beings realize all of these jewels.



English Guide to the True Buddha Dharma of H.H. Dorje Chang Buddha III

The Holy Vajrasana Temple and Retreat Center:

Explains the various dharmas, rituals, practices, blessings, meditation retreats, and schedule for the temple located at the site of the Fourth Vajra Throne (Vajrasana) near Fresno, California at 11507 East Ashlan Avenue, Sanger. The website provides the lineage and background of H.H. Dorje Chang Buddha III and many of the teachings listed below and various articles about the Buddha and Buddhist practice. It also explains the temple’s history and how to make pilgrimages to the site and receive blessings from the Holy Vajra Poles. Website: <http://holyvajrasana.org>. Some of the website is also available in German: <https://xuanfa-dharmazentrum.de> (German); <https://xuanfa-dharmazentrum.de/en/> (English). Email: xuanfa institute@gmail.com or zhaxiz@gmail.com; Phone: (626) 375-6328

Learning from Buddha College and Seminary (LFBCS):

This Buddhist on-line institution & seminary features the True Buddha Dharma brought to this world by Shakyamuni Buddha and His teacher Dorje Chang Buddha, and as expounded in this current era by H.H. Dorje Chang Buddha III. This is essentially a distance learning program with opportunities for solitary & group meditation retreats. It includes a free Auditing Program as well as the Buddhist Studies and Xuixing Seminary paid membership programs. It also promotes a Xiuxing Practice Program that focuses on Dharma practice. It features discussion sessions on ZOOM. Click for more information and available courses and schedule of events: <http://learningfrombuddha.org/>

Heartwood Refuge Monastery & Correct Cultivation Learning from Buddha Academy:

Monastic & lay community offering in person and on-line studies on preliminary discourses and published sutras of H.H. Dorje Chang Buddha III at

389 Courtland Blvd, Hendersonville, North Carolina 28791. We offer 3 to 7 day solitary retreats in HHDCBIII lineage, up to 30-day retreats for practitioners of any tradition, and up to 6 months approved internships for students considering monasticism or deeper spiritual practices at the monastery. Website: <https://heartwoodrefuge.org/>. Email: info@heartwoodrefuge.org; Phone: 828-356-5568.

“Thus, Have I Seen (and Heard)” is a weekly blog offered by Zhaxi Zhuoma Shang Da De (Rinpoche) primarily on the teachings and activities of H.H. Dorje Chang Buddha III. It also announces the availability of preliminary translations of public announcements from the Office of HHDCBIII, the International Buddhism Sangha Association, the World Buddhism Association Headquarters, and The Holy Miracles Temple in Pasadena and tells where and when various readings and oral translations of discourses by H.H. Dorje Chang Buddha III will be given in English, and other related news, including LFBCS announcements. Comments and feedback welcome on blog.

Teachings Available in English:

The teachings of H.H. Dorje Chang Buddha III are the same as those taught by Shakyamuni Buddha over 2,500 years ago. However, over the thousands of years and translations through many languages and cultures, some concepts have been misinterpreted or lost. His Holiness came to this world to correct these errors and omissions and offer the true dharma as taught by Shakyamuni Buddha and in a manner more suitable for our age and time. The Buddha emphasizes two things: The cultivation of character, our ethics, morals, or how we become “good” people, and the cultivation of the mind or how we gain the power of a Buddha and understand the true nature of reality. With these two qualities, one acquires good fortune and wisdom, ends the cycle of birth and death, becomes a holy person, and eventually becomes a

Buddha. The following are the major teachings available in English and where you can find them:

H.H. Dorje Chang Buddha III: A Treasury of True Buddha-Dharma was published in 2008 in both Chinese and English to document a few of the accomplishments of H.H. Dorje Chang Buddha III and the process whereby the leading Buddhists in the world recognized what these accomplishments meant. You can obtain a copy of this 560-page book from the International Buddhism Sangha Association, 3134 22nd Street, San Francisco, CA 94110-3219, PHONE: (415) 920-9816, FAX: 415-920-9836. The history of the book and some of its content is also available on the Holy Vajrasana Temple website listed previously and as LFBCS Course G01(A).

What is Cultivation? Provides the essence of how we should approach, learn, and practice cultivation of character. This was translated into English in *H.H. Dorje Chang Buddha III*. A complete translation is also available on the Temple website at <http://holyvajrasana.org/buddha-dharma/what-is-cultivation> along with how this dharma was transmitted. An absolutely essential teaching on how to become a holy person. LFB Course DCB12.

Learning From Buddha: Three dharma discourses given early in 2016 by H.H. Dorje Chang Buddha III were published later in the year as *Learning from Buddha* along with two photos showing the transformation of H.H. Dorje Chang Buddha III from an elderly person to a youth and the comments by His Holiness on the two photos that include eleven core principles of Buddhism (listed below). Book and discourses are currently available in Chinese and English. Classes have been held on a preliminary translation at the Holy Vajrasana Temple and at other sites and on ZOOM. <http://holyvajrasana.org/buddha-dharma/learning-from-buddha>. LFBCS Course DCB35.

Eleven Core Principles of Buddhism:

“1-Stay far away from feudal superstition, strange or heretically induced phenomena, evil masters,

deceivers, heretics within Buddhism, evil teachings, and evil books.

“2-Strictly abide by the precepts and disciplinary rules of Buddhism.

“3-Take great compassion as your foundation.

“4- Do not do anything that is evil.

“5-Do all things that are good.

“6-Give up self-interests and benefit others.

“7-Patiently endure insult and adversity.

“8-Practice humility.

“9-Purify your own mind.

“10-When encountering living beings, regardless of whether they are handicapped, sick, or healthy, treat them all equally as family members.

“11-Know that all phenomena are governed by cause and effect. Good causes result in good retribution. Good retribution yields good fruit. Good fruits enable one to acquire true dharma. Relying on the dharma, one can achieve perfect good fortune and wisdom. Then one can step into the state of accomplishment, break away from the sufferings that living beings experience, end transmigration through birth and death, and accomplish the perfect enlightenment of a Buddha!” LFBCS Course DCB35.

The Great Dharma of Zen Practice: H.H. Dorje Chang Buddha III transmitted the Great Dharma of Zen in 2013 and gave a discourse on the nature of zen and how it should be practiced. <http://holyvajrasana.org/buddha-dharma/great-dharma-of-zen>. LFBCS Course P10.

True Stories About a Holy Monk: Contains lectures given by the Elder Monk and others and the “Vajra Yoga Perfection Dharma,” a complete yidam dharma practice. <http://holyvajrasana.org/buddha-dharma/true-stories-about-a-holy-monk>. LFBCS Course P03X.

Supreme and Unsurpassable Mahamudra of Liberation (SAUMOL): Partially released in Chinese with English translation in process. Classes are being held on preliminary English translation at the Holy Vajrasana Temple and elsewhere. This offers advanced cultivation dharma, explains the relationship between